

Water testing performed in 2008

Presented By:
CHELMSFORD WATER DISTRICT



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Meeting the Challenge

We are once again proud to present to you our annual water quality report. This edition covers all testing completed from January 1, 2008 through December 31, 2008. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal drinking water standards. We continually strive to adopt new and better methods for delivering the best-quality drinking water to you. As new challenges to drinking water safety emerge, we remain vigilant in meeting the challenges of source water protection, water conservation, and community education while continuing to serve the needs of all our water users.

Please share with us your thoughts about the information in this report. After all, well-informed customers are our best allies.

Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791.

Information on the Internet

The U.S. EPA Office of Water (www.epa.gov/watrhome) and the Centers for Disease Control and Prevention (www.cdc.gov) Web sites provide a substantial amount of information on many issues relating to water resources, water conservation, and public health. Also, the DEP has a Web site (www.mass.gov/dep) that provides complete and current information on water issues in Massachusetts, including valuable information about our watershed.

Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (DEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribe regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and which may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

Lead and Drinking Water

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and your home's plumbing. Chelmsford Water District is responsible for providing high-quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to two minutes before using the water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at (800) 426-4791 or at www.epa.gov/safewater/lead.

Water Conservation

You can play a role in conserving water and saving yourself money in the process by becoming conscious of the amount of water your household is using and by looking for ways to use less whenever you can. It is not hard to conserve water. Here are a few tips:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it and you can save almost 6,000 gallons per year.
- Check your toilets for leaks by putting a few drops of food coloring in the tank. Watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from an invisible toilet leak. Fix it and you save more than 30,000 gallons a year.
- Use your water meter to detect hidden leaks. Simply turn off all taps and water using appliances. Then check the meter after 15 minutes. If it moved, you have a leak.

Where Does My Water Come From?

The Chelmsford Water District's customers are fortunate because they enjoy an abundant water supply from 19 sources. The Chelmsford Water District draws water from the Merrimack and Concord river basins. Our reservoirs hold one of the state's largest capacities, 15 million gallons of water. Combined, our facilities provide roughly 1.1 billion gallons of clean drinking water each year. The Riverneck Road Treatment Plant was placed into service at the end of 2004 and treats three million gallons of water per day. The Crooked Spring Treatment Plant was placed into service in the spring of 2007 and treats four million gallons a day. To learn more about our watershed, visit the U.S. EPA's Web site at www.epa.gov/surf.

Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. We meet the second Wednesday of each month beginning at 4:00 p.m. at the Chelmsford Water District, 20 Watershed Lane, Chelmsford, Massachusetts.

Source Water Assessment

The Source Water Assessment and Protection (SWAP) program assesses the susceptibility of public water supplies to potential contamination due to land uses and activity within the recharge areas. Established under the federal Safe Drinking Water Act, the program requires every state to inventory land uses within the recharge areas of all public water supply sources, to assess the susceptibility of drinking water sources to contamination from these land uses, and to publicize the results to provide support for improved protection.

What Is My System's Ranking?

Using the information collected during the assessment by the Massachusetts Department of Environmental Protection (DEP), a high susceptibility ranking was assigned to this system.

Where Can I See the SWAP Report?

The complete SWAP report is available at the Chelmsford Water District, at the Chelmsford Board of Health, and online at www.mass.gov/dep/water/drinking/3056000.pdf. For more information, call Superintendent Delaney at (978) 256-2931.

Questions?

For more information about this report, or any questions relating to your drinking water, please contact us at (978) 256-2381, or visit our Web site at www.chelmsfordwater.com.

How Is My Water Treated and Purified? ■

The Crooked Spring Treatment Plant went online in the Spring of 2007. Nine of the District's wells process water through this plant, including the four new gravel-packed wells at the Meadowbrook #3 pumping station that went online in November of 2007. The raw water goes through an aeration tower to remove any potential volatile organic compounds; then the water goes through a greensand filtration system to remove high levels of iron and manganese before the water enters the distribution system.

This plant recycles the discharged backwash water into a lagoon where it then re-enters the earth and becomes part of the aquifer.

Raw water is drawn from the other eight wells in the eastern area of the district and is sent through the greensand filtration system at the Riverneck Road Treatment Plant to remove elevated levels of iron and manganese. In addition, the treatment plant treats water from the two wells on Canal Street that were out of service for many years because of poor water quality. The filtration process also incorporates an aeration tower to remove low levels of volatile organic compounds from the raw water. The backwash water generated from the treatment process is stored in an on-site, 100,000-gallon underground storage facility. The facility has the capability of pumping all of the water to the nearby public sewer or recycling the water to the treatment plant.

All of Chelmsford Water District's water is now processed and treated through state-of-the-art treatment processes.

Faced with deteriorating water quality and increasing peak demands for water during daytime hours, the Board of Water Commissioners has made a commitment to our customers to provide treatment for all of the District's wells.

What's a Cross-Connection?

Cross-connections that contaminate drinking water distribution lines are a major concern. A cross-connection is formed at any point where a drinking water line connects to equipment (boilers), systems containing chemicals (air conditioning systems, fire sprinkler systems, irrigation systems), or water sources of questionable quality. Cross-connection contamination can occur when the pressure in the equipment or system is greater than the pressure inside the drinking water line (backpressure). Contamination can also occur when the pressure in the drinking water line drops due to fairly routine occurrences (main breaks, heavy water demand) causing contaminants to be sucked out from the equipment and into the drinking water line (backsiphonage).

Outside water taps and garden hoses tend to be the most common sources of cross-connection contamination at home. The garden hose creates a hazard when submerged in a swimming pool or when attached to a chemical sprayer for weed killing. Fertilizers, cesspools, or garden chemicals may contaminate garden hoses that are left lying on the ground. Improperly installed valves in your toilet could also be a source of cross-connection contamination.

Community water supplies are continually jeopardized by cross-connections unless appropriate valves, known as backflow prevention devices, are installed and maintained. We have surveyed all industrial, commercial, and institutional facilities in the service area to make sure that all potential cross-connections are identified and eliminated or protected by a backflow preventer. We also inspect and test each backflow preventer to make sure that it is providing maximum protection.

For more information, review the Cross-Connection Control Manual on the U.S. EPA's Web site at www.epa.gov/safewater/crossconnection.html. You can also call the Safe Drinking Water Hotline at (800) 426-4791.

Fixtures With Green Stains

A green or blue-green stain on kitchen or bathroom fixtures is caused by tiny amounts of copper that dissolve in your home's copper plumbing system when the water sits unused overnight. Copper stains may be the result of a leaky faucet or a faulty toilet flush valve, so be sure your plumbing is in good working order.

Copper stains may also be caused by overly hot tap water. Generally speaking, you should maintain your water temperature at a maximum of 120 degrees Fahrenheit. You should consult the owner's manual for your heater or check with your plumber to determine your current heat setting. Lowering your water temperature will reduce the staining problem and save you money on your energy bill.

Also, keep in mind that a tap that is used often throughout the day usually will not produce copper stains, so if you flush the tap for a minute or so before using the water for cooking or drinking, copper levels will be reduced.

What's Your Water Footprint?

You may have some understanding about your carbon footprint, but how much do you know about your water footprint? The water footprint of an individual, community, or business is defined as the total volume of freshwater that is used to produce the goods and services that are consumed by the individual or community or produced by the business. For example, 11 gallons of water are needed to irrigate and wash the fruit in one half-gallon container of orange juice. Thirty-seven gallons of water are used to grow, produce, package, and ship the beans in that morning cup of coffee. Two hundred and sixty-four gallons of water are required to produce one quart of milk, and 4,200 gallons of water are required to produce two pounds of beef.

According to the U.S. EPA, the average American uses about 100 gallons of water daily. In fact, in the developed world, one flush of a toilet uses as much water as the average person in the developing world allocates for an entire day's cooking, washing, cleaning, and drinking. The annual American per capita water footprint is about 8,000 cubic feet, twice the global per capita average. With water use increasing six-fold in the past century, our demands for freshwater are rapidly outstripping what the planet can replenish.

To check out your own water footprint, go to www.h2oconserve.org or visit www.waterfootprint.org to see how the water footprints of other nations compare.

Sampling Results

During the past year we have taken hundreds of water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water. Although all of the substances listed here are under the Maximum Contaminant Level (MCL), we feel it is important that you know exactly what was detected and how much of the substance was present in the water.

REGULATED SUBSTANCES								
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE	
Haloacetic Acids [HAA] (ppb)	2008	60	NA	5.4	ND-26.4	No	By-product of drinking water disinfection	
Nitrate (ppm)	2008	10	10	1.6	0.95–1.60	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits	
TTHMs [Total Trihalomethanes] (ppb)	2008	80	NA	43	9–80	No	By-product of drinking water chlorination	

Tap water samples were collected for lead and copper analyses from sample sites throughout the community.

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH%TILE)	SITES ABOVE AL/TOTAL SITES	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2008	1.3	1.3	0.1	0/30	No	Corrosion of household plumbing systems; Erosion of natural deposits; Leaching from wood preservatives
Lead (ppb)	2008	15	0	3	0/30	No	Corrosion of household plumbing systems; Erosion of natural deposits

UNREGULATED SUBSTANCES ¹							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AMOUNT DETECTED	RANGE LOW-HIGH	TYPICAL SOURCE			
Bromodichloromethane (ppm)	2008	11	ND-11	By-product of drinking water disinfection			
Bromoform (ppm)	2008	0.9	ND-0.9	By-product of drinking water disinfection			
Chlorodibromomethane (ppm)	2008	11	ND-11	By-product of drinking water disinfection			
Chloroform (ppm)	2008	21	ND-21	By-product of drinking water disinfection			
MTBE ² (ppm)	2008	1	ND-1	Gasoline additive			
Sodium (ppm)	2008	50	50-50	Naturally occurring			

- ¹Unregulated contaminants are those for which the U.S. EPA has not established drinking water standards. The purpose of unregulated contaminant monitoring is to assist the U.S. EPA in determining their occurrence in drinking water and whether future regulation is warranted.
- ²These sampling results are from the raw water source only, not our drinking water.

Definitions

90th Percentile: Out of every 10 homes sampled, 9 were at or below this level.

AL (**Action Level**): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal):

The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk

to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable.

ND (**Not detected**): Indicates that the substance was not found by laboratory analysis.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).