

Chelmsford Water District

# Quality FirstQUality

Once again we are proud to present our annual water quality report covering all testing performed between January 1 and December 31, 2010. As in years past, we are committed to delivering the best-quality drinking water possible. To that end, we remain vigilant in meeting the challenges of new regulations, source water protection, water conservation, and community outreach and education while continuing to serve the needs of all of our water users. Thank you for allowing us to continue providing you and your family with quality drinking water.

We encourage you to share your thoughts with us on the information contained in this report. Should you ever have any questions or concerns, we are always available to assist you.

### **Community Participation**

You are invited to participate in our public forum and voice your concerns about your drinking water. We meet the second Wednesday of each month, beginning at 4 p.m., at the Chelmsford Water District, 20 Watershed Lane, Chelmsford, MA.

#### Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water

from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or http://water. epa.gov/drink/hotline.

### Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (DEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribe regulations limiting the amount of certain contaminants in water provided by public water systems. Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

**Microbial Contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

**Inorganic Contaminants**, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

**Pesticides and Herbicides**, which may come from a variety of sources, such as agriculture, urban stormwater runoff, and residential uses;

**Organic Chemical Contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and which may also come from gas stations, urban stormwater runoff, and septic systems;

**Radioactive Contaminants**, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

## Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Further, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion on the NRDC study results, check out their Web site at www.nrdc.org/water/drinking/ bw/exesum.asp.

## What's Your Water Footprint?

## Source Water Assessment

The Source Water Assessment and Protection (SWAP) program assesses the susceptibility of public water supplies to potential contamination due to land uses and activity within the recharge areas. Established under the federal Safe Drinking Water Act, the program also requires every state to publicize the results to provide support for improved protection.

#### What Is My System's Ranking?

A susceptibility ranking of high was assigned to this system, using the information collected during the assessment by the Massachusetts Department of Environmental Protection (DEP).

#### Where Can I See the SWAP Report?

The complete SWAP report is available at the Chelmsford Water District, at the Chelmsford Board of Health, and online at www.mass.gov/dep/water/drinking/3056000. pdf. For more information, call Superintendent Delaney at (978) 256-2931.

# Questions?

For more information about this report, or any questions relating to your drinking water, please contact us at (978) 256-2381 or visit our Web site at www.chelmsfordwater.com.

You may have some understanding about your carbon footprint, but how much do you know about your water footprint? The water footprint of an individual, community, or business is defined as the total volume of freshwater that is used to produce the goods and services that are consumed by the individual or community or produced by the business. For example, 11 gallons of water are needed to irrigate and wash the fruit in one half-gallon container of orange juice. Thirty-seven gallons of water are used to grow, produce, package, and ship the beans in that morning cup of coffee. Two hundred and sixty-four gallons of water are required to produce one quart of milk, and 4,200 gallons of water are required to produce two pounds of beef.

According to the U.S. EPA, the average American uses about 100 gallons of water daily. In fact, in the developed world, one flush of a toilet uses as much water as the average person in the developing world allocates for an entire day's cooking, washing, cleaning, and drinking. The annual American per capita water footprint is about 8,000 cubic feet; twice the global per capita average. With water use increasing six-fold in the past century, our demands for freshwater are rapidly outstripping what the planet can replenish.

To check out your own water footprint, go to www.h2oconserve.org.

## Water Leaks in Slab Foundations: Important Information for Homeowners

Lacking visual evidence, leaks under slab homes are the hardest to detect, resulting in significant water loss and damage to foundations.

Large volumes of water leaking underneath the concrete slab of the property or home will cause the expansive soils to swell in volume. This creates a "mound" or "hump" in that area. Soil that is outside of the immediate area of the leak will remain relatively stable because it is not influenced by any variation in moisture. This soil hump under the foundation will create uplift and can cause severe foundation damage as well as additional damage to the plumbing system.

Smaller volumes of under-slab water leakage can have a different effect on the soil, resulting in the "settlement" or further compaction of the soil. When this happens, a void will be created between the bottom of the concrete foundation and the soil. If the area of the void is large enough, then the weight of the building or home plus contents can cause the foundation to crack or sag. In these cases, the foundation will need some additional internal support and the void is usually filled with a concrete/mud mixture.

The easiest way to find if you have a leak is to record your metered water usage for a period of four hours with no water usage and then record the metered usage again. If there is a recordable usage number, then it is quite possible you have a water leak and you should contact your local plumber to find any possible leaks.

## Lead and Drinking Water

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Chelmsford Water District is responsible for providing high-quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at (800) 426-4791 or at www.epa.gov/safewater/lead.

## How Is My Water Treated and Purified?

The Crooked Spring Treatment Plant went online in the spring of 2007. Nine of the District's wells are processed through this plant, including the four new gravel-packed wells at Meadowbrook #3 pumping station that went online in November of 2007. The raw water goes through an aeration tower, removing any potential volatile organic compounds, then the water goes through a greensand filtration system, removing high levels of iron and manganese before the water enters the distribution system.

This plant recycles the backwash discharged water to a lagoon. It then re-enters the earth and becomes part of the aquifer.

Raw water is drawn from the other eight wells in the eastern area of the District and is sent through the greensand filtration system at the Riverneck Road Treatment Plant to remove elevated levels of iron and manganese from these wells. In addition, the treatment plant treats the two wells on Canal Street that were out of service for many years because of poor water quality. The filtration process also incorporates an aeration tower to remove low levels of volatile organic compounds from the raw water. The backwash water generated from the treatment process is stored in an on-site 100,000-gallon underground storage facility. The facility has the capability of pumping all of the water to the nearby public sewer, or recycling the water to the treatment plant.

All of Chelmsford Water District's water is now processed and treated through state-of-the-art treatment.

Faced with deteriorating water quality and increasing peak demands for water during daytime hours, the Board of Water Commissioners has made a commitment to our customers to provide treatment for all the District's wells.

## Naturally Occurring Bacteria

The simple fact is, bacteria and other microorganisms inhabit our world. They can be found all around us: in our food; on our skin; in our bodies; and, in the air, soil, and water. Some are harmful to us and some are not. Coliform bacteria are common in the environment and are generally not harmful themselves. The presence of this bacterial form in drinking water is a concern because it indicates that the water may be contaminated with other organisms that can cause disease. Throughout the year, we tested many water samples for coliform bacteria. In that time, none of the samples came back positive for the bacteria. Federal regulations require that public water that tests positive for coliform bacteria must be further analyzed for fecal coliform bacteria. Fecal coliform are present only in human and animal waste. Because these bacteria can cause illness, it is unacceptable for fecal coliform to be present in water at any concentration. Our tests indicate no fecal coliform is present in our water.

#### Where Does My Water Come From?

The Chelmsford Water District customers are fortunate because we enjoy an abundant water supply from 19 sources. The Chelmsford Water District draws water from the Merrimack and Concord river basins. Our reservoirs hold one of the state's largest capacities: 15 million gallons of water. Combined, our facilities provide roughly 1.1 billion gallons of clean drinking water each year. The Riverneck Road Treatment Plant was placed in service at the end of 2004 and treats 3 million gallons of water per day. The Crooked Spring Treatment Plant was placed in service in the spring of 2007 and treats 4 million gallons a day. To learn more about our watershed, visit the U.S. EPA Web site at www.epa.gov/surf.

## Sampling Results

During the past year, we have taken hundreds of water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water. The state requires us to monitor for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Haloacetic Acids [HAA] (ppb)	2010	60	NA	29.9	ND-29.9	No	By-product of drinking water disinfection
Nitrate (ppm)	2010	10	10	1.3	ND-1.3	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
TTHMs [Total Trihalomethanes] (ppb)	2010	80	NA	71	10–71	No	By-product of drinking water disinfection

Tap water samples were collected for lead and copper analyses from sample sites throughout the community

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH%TILE)	SITES ABOVE AL/TOTAL SITES	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2008	1.3	1.3	0.1	0/30	No	Corrosion of household plumbing systems; Erosion of natural deposits; Leaching from wood preservatives
Lead (ppb)	2008	15	0	3	0/30	No	Corrosion of household plumbing systems; Erosion of natural deposits

#### UNREGULATED SUBSTANCES<sup>1</sup>

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AMOUNT DETECTED	RANGE LOW-HIGH	TYPICAL SOURCE				
Bromodichloromethane (ppb)	2010	25	3–25	By-product of water disinfection				
Bromoform (ppb)	2010	9	ND-9	By-product of water disinfection				
Chloroform (ppb)	2010	35	1–35	By-product of water disinfection				
<b>Dibromochloromethane</b> (ppb)	2010	13	4–13	By-product of water disinfection				
Sodium (ppm)	2010	59	41–59	Naturally occurring				

<sup>1</sup> Unregulated contaminants are those for which the U.S. EPA has not established drinking water standards. The purpose of unregulated contaminant monitoring is to assist the U.S. EPA in determining their occurrence in drinking water and whether future regulation is warranted.

# Definitions

**90th Percentile:** Out of every 10 homes sampled, 9 were at or below this level.

**AL** (Action Level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

#### MCL (Maximum Contaminant Level):

The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

#### MCLG (Maximum Contaminant Level

**Goal):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

#### MRDL (Maximum Residual Disinfectant

**Level):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

#### MRDLG (Maximum Residual

**Disinfectant Level Goal):** The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable.

**ND** (Not detected): Indicates that the substance was not found by laboratory analysis.

**ppb (parts per billion):** One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).