

Water Testing Performed in 2016

Presented By
Chelmsford Water District

## We've Come a Long Way

Once again we are proud to present our annual water quality report covering the period between January 1 and December 31, 2016. In a matter of only a few decades, drinking water has become exponentially safer and more reliable than at any other point in human history. Our exceptional staff continues to work hard every day-at any hour-to deliver the highest quality drinking water without interruption. Although the challenges ahead are many, we feel that by relentlessly investing in customer outreach and education, new treatment technologies, system upgrades, and training, the payoff will be reliable, high-quality tap water delivered to you and your family.

## Where Does My Water Come From?

The Chelmsford Water District customers are fortunate because we enjoy an abundant water supply from 19 sources. The Chelmsford Water District draws water from the Merrimack and Concord river basins. Our reservoirs hold one of the states largest capacities, 15.3 million gallons of water. Combined, our facilities provide roughly 1 billion gallons of clean drinking water each year. The Riverneck Road Treatment Plant was placed in service at the end of 2004 and treats 3 million gallons of water per day. The Crooked Spring Treatment Plant was placed in service in the spring of 2007 and treats 4 million gallons a day. The Smith Street Treatment Plant was refurbished and put back into service in the fall of 2012. To learn more about our watershed, visit the U.S. EPA website at www.epa.gov/surf.

## Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or http://water.epa.gov/drink/ hotline.


## Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (DEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife; Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming; Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses; Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and which may also come from gas stations, urban stormwater runoff, and septic systems; Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.
More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

## Source Water Assessment

The Source Water Assessment and Protection (SWAP) program assesses the susceptibility of public water supplies to potential contamination due to land uses and activity within the recharge areas. Established under the federal Safe Drinking Water Act, the program requires every state to inventory land uses within the recharge areas of all public water supply sources, to assess the susceptibility of drinking water sources to contamination from these land uses, and to publicize the results to provide support for improved protection.

## What Is My Systems Ranking?

A susceptibility ranking of "high" was assigned to this system using the information collected during the assessment by the Massachusetts Department of Environmental Protection (DEP).

## Where Can I See the SWAP Report?

The complete SWAP report is available at the Chelmsford Water District, at the Chelmsford Board of Health, and online at www.mass.gov/eea/docs/dep/ water/drinking/swap/nero/3056000.pdf. For more information, call Superintendent Delaney at (978) 256-2931.

## Ground Water Rule

On June 8, 2016, the District was informed that one of our routine bacteria samples of our untreated source water collected on June 7, 2016, was positive for fecal contamination (E. coli). With the knowledge that the District's untreated water is vulnerable to this type of contamination, and since the enacting of the Ground Water Rule (GWR), the Chelmsford Water District has ensured that its treated water through disinfection practices is and remains safe by being $4-\log$ certified by state agencies as of February 24, 2010. The District maintains this certification on a day-to-day basis and reports this status to the state monthly. Since the District is in compliance with the GWR with respect to this certification, no other steps were or are required. The reporting of these positive results is for informational purposes only and a regulatory requirement. At no time was the public's health at risk.
Fecal indicators are microbes whose presence indicates that the water may be contaminated with human or animal wastes. Microbes in these wastes can cause shortterm effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, some of the elderly, and people with severely compromised immune systems.

## What's a Crossconnection?

Cross-connections that contaminate drinking water distribution lines are a major concern. A cross-connection is formed at any point where a drinking water line connects to equipment (boilers), systems containing chemicals (air conditioning systems, fire sprinkler systems, irrigation systems), or water sources of questionable quality. Cross-connection contamination can occur when the pressure in the equipment or system is greater than the pressure inside the drinking water line (backpressure). Contamination can also occur when the pressure in the drinking water line drops due to fairly routine occurrences (main breaks, heavy water demand), causing contaminants to be sucked out from the equipment and into the drinking water line (backsiphonage).

Outside water taps and garden hoses tend to be the most common sources of cross-connection contamination at home. The garden hose creates a hazard when submerged in a swimming pool or when attached to a chemical sprayer for weed killing. Garden hoses that are left lying on the ground may be contaminated by fertilizers, cesspools or garden chemicals. Improperly installed valves in your toilet could also be a source of cross-connection contamination.

Community water supplies are continuously jeopardized by cross-connections unless appropriate valves, known as backflow prevention devices, are installed and maintained. We have surveyed industrial, commercial, and institutional facilities in the service area to make sure that potential cross-connections are identified and eliminated or protected by a backflow preventer. We also inspect and test backflow preventers to make sure that they provide maximum protection.
For more information on backflow prevention, contact the Safe Drinking Water Hotline at (800) 426-4791.

## Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. We meet the second Wednesday of each month beginning at 3 p.m. at the Chelmsford Water District, 20 Watershed Lane, Chelmsford, MA.

## Questions?

## Water Conservation

You can play a role in conserving water and saving yourself money in the process by becoming conscious of the amount of water your household is using and by looking for ways to use less whenever you can. It is not hard to conserve water. Here are a few tips:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it and you can save almost 6,000 gallons per year.
- Check your toilets for leaks by putting a few drops of food coloring in the tank. Watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from an invisible toilet leak. Fix it and you save more than 30,000 gallons a year.
- Use your water meter to detect hidden leaks. Simply turn off all taps and water using appliances. Then check the meter after 15 minutes. If it moved, you have a leak.


## What's Your Water Footprint?

You may have some understanding about your carbon footprint, but how much do you know about your water footprint? The water footprint of an individual, community, or business is defined as the total volume of freshwater that is used to produce the goods and services that are consumed by the individual or community or produced by the business. For example, 11 gallons of water are needed to irrigate and wash the fruit in one half-gallon container of orange juice. Thirty-seven gallons of water are used to grow, produce, package, and ship the beans in that morning cup of coffee. Two hundred and sixty-four gallons of water are required to produce one quart of milk, and 4,200 gallons of water are required to produce two pounds of beef.

According to the U.S. Environmental Protection Agency (EPA), the average American uses more than 180 gallons of water daily. In fact, in the developed world, one flush of a toilet uses as much water as the average person in the developing world allocates for an entire day's cooking, washing, cleaning, and drinking. The annual American per capita water footprint is about 8,000 cubic feet, twice the global per capita average. With water use increasing sixfold in the past century, our demands for fresh water are rapidly outstripping what the planet can replenish.

To check out your own water footprint, go to http://goo.gl/ QMoIXT.

## Protecting Your Water

Bacteria are a natural and important part of our World. There are around 40 trillion bacteria living in each of us; without them, we would not be able to live healthy lives. Coliform bacteria are common in the environment and are generally not harmful themselves. The presence of this bacterial form in drinking water is a concern, however, because it indicates that the water may be contaminated with other organisms that can cause disease.

In 2016, the U.S. Environmental Protection Agency (EPA) passed a new regulation called the Revised Total Coliform Rule, which requires additional steps that water systems must take in order to ensure the integrity of the drinking water distribution system by monitoring for the presence of bacteria like total coliform and $E$. coli. The rule requires more stringent standards than the previous regulation, and it requires water systems that may be vulnerable to contamination to have in place procedures that will minimize the incidence of contamination. Water systems that exceed a specified frequency of total coliform occurrences are required to conduct an assessment of their system and correct any problems quickly. The U.S. EPA anticipates greater public health protection under the new regulation due to its more preventive approach to identifying and fixing problems that may affect public health.

Although we have been fortunate to have the highestquality drinking water, our goal is to eliminate all potential pathways of contamination into our distribution system, and this new rule helps us to accomplish that goal.

## Fact or Fiction

A person can live about a month without food, but only about a week without water. (Fact: Dehydration symptoms generally become noticeable after only $2 \%$ of one's normal water volume has been lost.)

A person should consume a half-gallon of water daily to live healthily. (Fact: A person should drink at least 64 ounces, or 8 cups, of water each day.)
Methods for the treatment and filtration of drinking water were developed only recently. (Fiction: Ancient Egyptians treated water by siphoning water out of the top of huge jars after allowing the muddy water from the Nile River to settle. And, Hippocrates, known as the father of medicine, directed people in Greece to boil and strain water before drinking it.)

There is the same amount of water on Earth now as there was when the Earth was formed. (Fact: The water that comes from your faucet could contain molecules that dinosaurs drank!)

A typical shower with a non-low-flow showerhead uses more water than a bath. (Fiction: A typical shower uses less water than a bath.)

About half the water treated by public water systems is used for drinking and cooking. (Fiction: Actually, the amount used for cooking and drinking is less than 1\% of the total water produced!)

One gallon of gasoline poured into a lake can contaminate approximately 750,000 gallons of water. (Fact)

## Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/lead.

## How Is My Water Treated and Purified?

TThe Crooked Spring Treatment Plant went online in the Spring of 2007. Nine of the District's wells are processed through this plant, including the four gravel-packed wells at Meadowbrook \#3 pumping station, which went on line in November of 2007. The raw water goes through an aeration tower removing any potential volatile organic compounds. The water then goes through a Greensand filtration system that removes high levels of iron and manganese before the water enters the distribution system.

This plant recycles the backwash discharged water to a lagoon, which then re-enters the earth and becomes part of the aquifer.
Raw water is drawn from the other eight wells in the eastern area of the district and is sent through the Greensand filtration system at the Riverneck Road Treatment Plant to remove elevated levels of iron and manganese from these wells. In addition, the treatment plant treats the two wells on Canal Street that were out of service for many years because of poor water quality. The filtration process also incorporates an aeration tower to remove low levels of volatile organic compounds from the raw water. The backwash water generated from the treatment process is stored in an on-site 100,000 -gallon underground storage facility. The facility has the capability of pumping all of the backwash water to the nearby public sewer, or recycling the water to the treatment plant.

The Smith Street Treatment Plant and Wells, after being unused since 1999, were re-opened in the fall of 2012 with Massachusetts Department of Environmental Protection (DEP) approval. The District refurbished the wells and retrofitted the treatment system. The raw water enters the Smith Street Treatment Plant, which is serviced by an aeration and membrane filtration system to remove iron and manganese. This plant and wells allow for system relief during times of withdrawal stress and emergency back up for both the Crooked Spring and Riverneck Road Treatment Plants.

All of Chelmsford Water District's water is processed and treated through state-of-the-art treatment.

Faced with deteriorating water quality and increasing peak demands for water during daytime hours, the Board of Water Commissioners has made and kept the commitment to our customers to provide treatment for all the districts wells.

## Test Results

Our water is monitored for many different kinds of contaminants on a very strict sampling schedule. The information below represents only those substances that were detected; our goal is to keep all detects below their respective maximum allowed levels. The State allows us to monitor for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.
We participated in the 3rd stage of the U.S. EPA's Unregulated Contaminant Monitoring Rule (UCMR3) program by performing additional tests on our drinking water. UCMR3 benefits the environment and public health by providing the U.S. EPA with data on the occurrence of contaminants suspected to be in drinking water, in order to determine if U.S. EPA needs to introduce new regulatory standards to improve drinking water quality. Contact us for more information on this program.

| REGULATED SUBSTANCES |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SUBSTANCE <br> (UNIT OF MEASURE) | $\begin{aligned} & \text { YEAR } \\ & \text { SAMPLED } \end{aligned}$ | $\begin{gathered} \text { MCL } \\ \text { [MRDL] } \end{gathered}$ | MCLG [MRDLG] | AMOUNT DETECTED | RANGE LOW-HIGH | VIoLATION | TYPICAL SOURCE |
| Barium (ppm) | 2015 | 2 | 2 | 0.038 | 0.008-0.038 | No | Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits |
| Haloacetic Acids [HAA] (ppb) | 2016 | 60 | NA | 15.7 | 0-16.1 | No | By-product of drinking water disinfection |
| Hexachlorocyclopentadiene (ppb) | 2016 | 50 | 50 | 0.29 | 0-0.29 | No | Discharge from chemical factories |
| Nitrate (ppm) | 2016 | 10 | 10 | 0.79 | 0-1.4 | No | Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits |
| TTHMs [Total Trihalomethanes] (ppb) | 2016 | 80 | NA | 63.7 | 23.6-77.3 | No | By-product of drinking water disinfection |

## Tap water samples were collected for lead and copper analyses from sample sites throughout the community



| SUBSTANCE <br> (UNIT OF MEASURE) | YEAR <br> SAMPLED | AMOUNT <br> DETECTED | RANGE <br> LOW-HIGH | TYPICAL SOURCE |
| :--- | :---: | :---: | :---: | :---: | :--- |
| 1,4 Dioxane (ppb) | 2015 | 0.09 | $0-0.09$ | Cyclic aliphatic ether; used as a solvent or solvent stabilizer in manufacture and processing of paper, cotton, textile products, <br> automotive coolant, cosmetics, and shampoos |
| Chlorate (ppb) | 2015 | 320 | $35-320$ | Agricultural defoliant or desiccant; disinfection by-product |

Unregulated contaminants are those for which the U.S. EPA has not established drinking water standards. The purpose of unregulated contaminant monitoring is to assist U.S. EPA in determining their occurrence in drinking water and whether future regulation is warranted.

## Definitions

90th Percentile: Out of every 10 homes sampled, 9 were at or below this level.
AL (Action Level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

LRAA (Locational Running Annual Average): The average of sample analytical results for samples taken at a particular monitoring location during the previous four calendar quarters. Amount Detected values for TTHMs and HAAs are reported as LRAAs.
MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable
ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).
ppm (parts per million): One part substance per million parts water (or milligrams per liter).

SMCL (Secondary Maximum Contaminant Level): SMCLs are established to regulate the aesthetics of drinking water like appearance, taste and odor.

